

AINA BLESSING

Ilesanmi Benson Street,
Owode Ijoko, Ogun State
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CAREER OBJECTIVE

Hard-working recent college graduate with HND (Higher National Diploma) in Nutrition and Dietetics (3.2 CGPA) with more than a year work of experience. Aiming to leverage academics experience and a proven knowledge of acute care facility, assisted living and clinical services to successfully fill the Nutritionist/Dietitian role at your company. Frequently praised as efficient by my peers, I can be relied upon to help your company achieve her goals.

PERSONAL INFORMATION

- Date of Birth 08, October 1997
- Gender Female
- Place of Birth Lagos State
- Marital Status Single
- State of Origin Ogun State
- Local Govt Area Abeokuta South
- Nationality Nigerian
- Religion Christianity

SKILLS

- Computer Literate
- Discreet Handling of Official Information
- Time management & Problem Solving
- Hard work and Dedication
- Ability to Work under pressure

WORK EXPERIENCE

NUTRITIONIST

General Hospital (Ifo, Ogun / Oct 2019 – Oct 2020)

- Counsel individuals and groups on basic rules of good nutrition, healthy eating habits and nutrition monitoring to improve their quality of life.
- Assess Nutritional needs, diet restrictions and current health plans to develop and implement dietary care plans and provide nutritional counselling.
- Advice patients and their families on nutritional principles, dietary plans and diet modification, and food selection and preparation.
- Consult with Physicians and health care personnel to determine nutritional needs and diet restrictions of patients or clients.
- Organize, develop, analyze, test and prepare special meals such as low-fat, low-cholesterol and chemical-free meals.

- Plan and conduct training programs in dietetics, nutrition and institutional management and administration for medical students, health-care personnel and the general public.

SUMMARY OF QUALIFICATION

FEDERAL POLYTECHNIC ILARO CGPA 3.2

Ilaro Ogun State

HND (Higher National Diploma) Nutrition and Dietetics (March 2021)

Awards & Honors: Higher National Diploma Certificate.

Extracurricular Activity: Financial Inclusion

FEDERAL POLYTECHNIC ILARO CGPA 3.37

Ilaro Ogun State

ND (National Diploma) Nutrition and Dietetics (October 2016)

Awards & Honors: National Diploma Certificate

OMO EYE COLLEGE

Owode Ijako, Ogun State

High School Diploma (June 2013)

Awards & Honors: Senior Secondary School Certificate

MICOLAT INTERNATIONAL NUR/PRY SCHOOL

Alakuko, Lagos

First School Leaving Certificate (August 2007)

Awards & Honors: First School Leaving Certificate (FSLC)

REFERENCE

Ibrahim Folashade, Nutritionist, General Hospital, Ifo

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