



# Learner Achievement Verification

This is to certify that the management of Alison has decided to award Imosi Gbadegesin living in Nigeria the certificate of completion in Diploma in Human Nutrition.

## Learner Details



**Name:** Imosi Gbadegesin  
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**Country:** Nigeria



## Course and Result



**Score**  
85%  
**Study Time**  
23:12:04

### Diploma in Human Nutrition

There are three energy-yielding macronutrients that our bodies need to consume on a daily basis to maintain important functions such as growth and energy production. These are carbohydrates, proteins, and lipids. This human nutrition course online discusses these nutrients that provide the essential components for our bodies. The human digestive system plays a complex and wonderful bodily function which will be covered in this human nutrition online course.

## Modules Studied

- Module 1: Introduction to Human Nutrition
- Module 2: Nutrition and Science Research
- Module 3: Diploma in Human Nutrition - First Assessment
- Module 4: Introduction to the Human Digestive System
- Module 5: Digestion, Absorption, Elimination and Protection
- Module 6: Diploma in Human Nutrition - Second Assessment
- Module 7: Introduction to Carbohydrates
- Module 8: Introduction to Proteins
- Module 9: Introduction to Lipids
- Module 10: Diploma in Human Nutrition - Third Assessment
- Module 11: Introduction to Macronutrient Metabolism
- Module 12: Carbohydrate Metabolism Pathways

[Module 13: Lipid Metabolism Pathways](#)

[Module 14: Protein Metabolism Pathways](#)

[Module 15: Diploma in Human Nutrition - Fourth Assessment](#)

[Module 16: Introduction to Vitamins and Minerals](#)

[Module 17: Antioxidants](#)

[Module 18: Vitamin E](#)

[Module 19: Vitamin C](#)

[Module 20: Selenium](#)

[Module 21: Diploma in Human Nutrition - Fifth Assessment](#)

[Module 22: Course assessment](#)