

OLUWABUNMI FOLASHADE OJO.

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PROFILE.

I'm a Nursing Science BNSC (Hons.) graduate; and a Registered Nurse (RN) that is qualified and compassionate with several years experience and expertise in caring for various ranges of patients (including vulnerable patients). I am committed to providing personalised healthcare services such as bed bathing, feeding, and giving psychological support to patients.

I also have IT, Human Resources and Administrative proficiency and experience; always looking forward to expanding my career in Healthcare; where professionalism is required and I can become an active part of a dynamic work environment.

I am an extremely creative, determined and highly organised professional, with diverse work experience, strong work ethics, and proven ability to meet set targets.

I have good interpersonal, organisational and communication skills, developed through the various aspects of my life and career.

I am also a fantastic team player with an excellent ability to work under pressure, meet deadlines and can work with little or no supervision showing great initiative with proven multitasking abilities.

I can discharge my responsibilities within a work environment dutifully to the very best of my abilities; consistently ensuring customer satisfaction and meeting set objectives.

I am known for discharging my duties professionally and showing care, compassion, commitment, courage whilst communicating effectively with all stakeholders.

RELEVANT EDUCATION & QUALIFICATIONS

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| 2019. | Bachelor of Nursing Sciences (BNSC)
Ladoke Akintola University of Technology; Oyo - Nigeria |
| 2015. | B.Tech in Transport Management
Ladoke Akintola University of Technology; Oyo - Nigeria |
| 2014 | Diploma in Nursing
Bowen University Teaching Hospital (School of Nursing) |
| 2007 | WASSCE/GCSE
Maryland Catholic Grammar School |

Care Certificate: covering all 15 modules

Understanding Your Role, Duty of Care, Your personal development, Equality and Diversity, Communication, Work in a Person Centred Way, Privacy and Dignity, Fluids and Nutrition Awareness of Mental Health, Dementia, Learning Disability, Safeguarding Adults Safeguarding Children, Basic Life Support, Health and Safety, Moving and Handling Infection Prevention and Control

Additional Certificate:

- HPC CPR Certification
- Diploma in Caregiving
- Safeguarding the Vulnerable Adults
- Introduction to Caregiving
- Caregiver Support Services
- Preventing the Spread of Infection
- Health and Safety for Caregiving

EMPLOYMENT HISTORY

May, 2021 - Till Date Infection Control Nurse/ Nursing Office; Lagoon Hospital

My responsibilities includes;

- Assessing the patient, data collection and effective paper and electronic documentation
- Assistance in activities of daily living, and care of the patient whilst maintaining excellent communication skills.
- Focusing on patient engagement and self management, in-depth treatment education and monitoring. Educating patients about early warning signs to facilitate rapid management of complications.
- Effective working relationship with patients, their families, and carers, to enhance better outcome of care.
- Proactively access and monitor patients, to identify early symptoms of deterioration, disease exacerbation, acute illness and injury.
- Establish and maintain excellent communication with individuals and groups, exploring complex issues relating to care options and decisions and sustain effective working relationships across all health and social care service.
- Enable patients to be as independent as possible by facilitating a range of self-management strategies through undertaking desired occupational and non- occupational activities including the support that is available from the hospital and voluntary sector.
- Providing primary and emergency care for occupational and non occupational injuries, illnesses, dispensing and administering of medication as ordered.
- Part of a team involved in carrying out responsibilities in such a way as to minimise risk of harm to children, young people and vulnerable adults, promoting their welfare and raising concerns in a timely manner in accordance with the hospital's policy relating to safeguarding children, young people and vulnerable adult.
- Undertake comprehensive assessment of the physical and psycho-social care needs of frail patients who may also have complex chronic disease. This will involve working with carers and wider family members, gathering and interpreting information, performing tests and analysing the results.
- Involved in medication administration, working within my level of competence, whilst making sure to observe the Organisation set guidelines.
- Establish effective working relationships with patients, their families and carers. This includes promoting individual rights, discussing assessment outcomes with the patients, carers, educating them about the early warning signs in order to facilitate rapid management of complications or crises.
- I was an active part of the working environment, listening and paying close attention to the care of the patients and providing all necessary care as much as possible where needed
- Worked in emergency unit; was exposed and involved with various injuries and cases which I played an active part in the care.
- Actively participates in activities, rendering nursing care always, proper and effective documentation, and seeing a work to completion
- Effective and timely documentation of events, procedures on patient's record.

Oct. 2018 - June 2020 Quality Assurance Executive; Maayoit Healthcare Limited

- I provided timely processing of all enquiries and accurate triage of request/issues.
- Ensured documentation of all call issues, requests and pre-authorization codes given according to standard operating procedures.
- I was responsible for the accreditation of hospitals.

2017 - 2018 School Nurse; Roemichs International School

- Provided basic healthcare to students in case of injury or acute illness
- Developed health plans for students with chronic illnesses and disabilities
- Educated students and staff on healthy habits, such as proper nutrition and hygiene
- Detected health problems in early stages through regular screenings

- Kept track of students' vaccination records and updated students' medical history
- Ensured school environment is safe for children and school staff (e.g. prevention of communicable diseases)
- Carried out health assessments and screening for deficits in vision, hearing, growth, and/or development of students.
- Planned and implemented school health management protocols and procedures, especially for emergency situations.
- Provided referrals, to parents or staff, for intervention and remediation of abnormal or worrying health conditions affecting students.
- Provided ongoing health counselling to students, parents, and staff.
- Completed medical paperwork, when necessary.
- Ensured compliance with national and local health laws

2015 - 2017

Nursing Officer;

Olaolu Hospital; Kwara State

- Worked as part of the senior team, attending to various ranges of patients providing care, support where needed and advice.
- Educating patients about disease, assisting patients with special medications and treatments, providing counsel to patients and their families, and participating in medical procedures to minimise and help stabilise their condition and ensure continuity of care.
- As a senior nurse I Actively keep up to date with research based changes, ensuring I adhere to all new protocols, policies.
- I ensure that standards of care are maintained, that the Health and Safety Policy including manual handling is adhered to and assist and promote new methodology within my discipline and day to day care practice .
- Responding appropriately to sensitive information from colleagues, patients and healthcare professionals in an appropriate manner, such as diagnoses, normal treatment plans and social circumstances, referring to senior staff for further support and advice
- Was also involved in overseeing students, colleagues to whom I mentored , whilst abiding with the set guidelines and policy
- Enable patients to be as independent as possible by facilitating a range of self-management strategies through undertaking desired occupational and non- occupational activities including the support that is available from the organisation and voluntary sector.
- Communicate effectively verbally and written to staff, patients and relatives ensuring that communication is tailored to the person being addressed.
- Document observations, results, decisions and actions etc effectively in patient notes and communicate these effectively to appropriate members of the multidisciplinary team.

2012 - 2013

Nursing Officer (Clinical Posting) University College Hospital; Ibadan

My responsibilities included but not limited to;

- Worked actively in the Ear-Nose and Throat Clinic
- Undertook comprehensive assessment of the physical and psycho-social care needs of patients who also had complex chronic disease. This involved working with carers and wider family members, gathering and interpreting information, performing tests and analysing the results.
- I evaluated nurses , healthcare assistants and assist in educating them on the best healthcare practices.
- Severally opported to charge the ward on several occasions , delegate and oversee patients and staff care.
- Established effective working relationships with patients, their families and carers. This includes promoting individual rights, discussing assessment outcomes with the patients, carers, educating them about the early warning signs in order to facilitate rapid management of complications or crises.
- I was an active part of the working environment, listening and paying close attention to the care of the patients and providing all necessary care as much as possible where needed

- Worked in the emergency unit; was exposed and involved with various injuries and cases which I played an active part in the care.
- Actively participated in various activities; rendering nursing care always, proper and effective documentation, and seeing a work to completion.
- Effective and timely documentation of events, procedures on a patient's record.
- I worked in the emergency unit, where I was involved and participated actively in various tasks and used my skills to enhance patient care and recovery.

2012 - 2013 Nursing Officer (Clinical Posting) Neuropsychiatric Hospital; Aro

- Assessed and talked to patients about their problems and discuss the best way to plan and deliver their care
- Built relationships with patients to encourage trust, while listening to and interpreting their needs and concerns
- Ensured the correct administration of medication, including injections, and monitor the results of treatment.
- Responded to distressed patients in a non-threatening manner and attempt to understand the source of their discomfort.
- Helped patients manage their emotions through de-escalation techniques
- Prepared and participated in group and/or one-to-one therapy sessions, both individually and with other health professionals
- Organised social events aimed at developing patients' social skills and help to reduce their feelings of isolation
- Prepared and maintained patient records and produce care plans and risk assessments
- Made sure that the legal requirements appropriate to a particular setting or group of patients are observed

2012 - 2013 Nursing Officer- Rural Posting Community Health Centre; Oyo State

- Worked as part of the consulting team, attending to various ranges of patients and prescribing drugs.
- Played an active role in the admin section, costing drugs, collecting the money, issuing receipts etc.
- Was in charge of the pharmacy unit, dispensing drugs, taking stocks, monitoring the expiry dates, giving monthly report on the drugs etc.

CORE SKILLS & INTEREST:

Communication, Presentation, Assertive, Analytical, Maintaining Confidentiality, Planning and Organisational, Effective Judgement, Compassionate, Care Compassion, Courage and Commitment.

I am also result oriented, having excellent organisational, planning and reporting skills.

I'm flexible, and possess the ability to adapt to dynamic working conditions including rotation and night working shift. I am willing to relocate and travel on the job for long durations if need be.

REFEREE.

Available on request.