

Summary

A diligent nutritionist with keen interest in exploring the intersections between diet and health. I possess skills in evaluating client's health and wellness in accordance with appropriately designed need and client specific nutrition care plan with the goal of attaining optimum health.

A highly resilient and aspiring dietician as evident by my doggedness in successfully graduating despite delays precipitated by the rigor of COVID-19 and incessant Strike actions on my studies. Compassionate and dedicated team player.

Skills

Nutrition skills: Individualized nutrition care plan formulation, Monitoring and Evaluation, Clinical Nutrition service provision, Medical Nutrition therapy.

Cultural Competence skills: Cultural awareness and respect, understand cultural diversities in relation to disease process, diets, and nutrition.

Computer Skills: MS word, Microsoft 365 (office)PowerPoint,

Soft skills: Strong oral and written communications, Critical reasoning, Analytical, Resilient, Assertive, Leadership, Teamwork, Team building, Time management,

FADODUN Esther Oluwabukola

Abeokuta, Ogun State, Nigeria.

Cell: +2348163613274, +2349038141251

Email: esther1fadodun@gmail.com

LinkedIn: Esther Fadodun

EDUCATION

Federal University of Agriculture Abeokuta, Ogun state, Nigeria

April 2017- March 2023

Bachelor of Science in Nutrition and Dietetics

WORK EXPERIENCE

Primary Health Care Center, Isale Agbara, Osogbo, Osun state, Nigeria

Aug 2023– present

Provide nursing nutrition care to a community over 500 residents

- Perform initial and ongoing nutritional assessment and evaluation to residents to determine appropriate individualized nutritional care plan using appropriate nutritional assessment tools
- Provide timely nutritional intervention using critical thinking skills to prevent and manage disease processes
- Provide nutrition education, interventions, and counselling to individual across all age levels
- Carry out growth monitoring processes using appropriate nutrition scales and growth monitoring indicators
- Make prompt referral when necessary to advanced professional
- Engaged in community visits within Osun state to provide nutritional information and engage with key community stakeholders

Primary Health Care Center, Abeokuta, Nigeria- SIWES INTERNSHIP

Aug 2021– Nov 2021

Provided nutritional and volunteer services to a community in an urban setting

- Participated in meetings for discussion of therapeutic interventions for clients.
- Acquired knowledge of nutritional interventions through educational platforms and informational interviews with nutritionists and dieticians

Problem solving, Diligent, Confident, Compassionate, Empathetic, Growth-seeking, and open to constructive feedback.

Volunteer Organizations

- Juniors Chambers International, Nigeria
- Impact Nutrition Africa Initiative (INAI)

References

On Request.

- Participated in a World Health Organization herd vaccination program by assisting in vaccinating resident's in the community with polio and Vitamin A vaccines

State Hospital Ijaiye, Abeokuta, Nigeria

May 2021–Aug 2021

Collaborated with a multi-disciplinary team to deliver nutritional services in a hospital setting

- Participated in the preparation of therapeutic diets for patients
- Participated in executing of medical nutritional interventions for pediatric cases
- Collaborated with the healthcare team to identify and make prompt referral of clients requiring advanced intervention
- Delivering care as delegated by qualified dietitians and other staffs
- Gave nutrition education talk on the given topic for the month
- Adequately clerk patients with diabetes mellitus and hypertension

Volunteer Experience

Africa Model United Nations Conference

Aug 2022-Aug 2022

- Oversaw the protocol and welfare of participants during the three-day conference

Ogun Youth Development & Empowerment Summit 1.0

June 2022

- Served as protocol and welfare officer for a program with about 1000 participants organized By JCIN Rock City (Junior Chamber International Nigeria)

2021 Design for Thinking Summer Boot-camp sponsored By IHS Towers and Implemented by Afro-Tech Girls Nigeria

May 2021- Aug 2021

- Served as team lead to educate and empower young adolescents in STEM (Science, Technology, Engineering and Mathematics)