

Owoade Victoria Aderinsola

No 49, Mercy Rock Avenue, Idi Orogbo, Ojurin, Akobo, Ibadan.
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PERSONAL

Date of Birth: 25 March 2001
Gender: Female
Marital status: Single

State of Origin: Oyo
LGA: Lagelu

PROFESSIONAL SUMMARY

Recent nursing graduate with a strong foundation in patient-centered care, eager to bring enthusiasm and dedication to a healthcare team. Proficient in evidence-based practice, effective communication, and culturally sensitive care. Committed to lifelong learning and professional growth, with a passion for delivering compassionate and individualized care to diverse patient populations.

WORK EXPERIENCE

2021-2023 Ring Road State Hospital, Ibadan

- Student Nurse of College of Nursing and Midwifery Eleyele, Ibadan.
- Man a ward for a shift.

April 2021 – May 2024 Adeoyo Maternity Teaching Hospital, Yemetu, Ibadan.

- Student Nurse of College of Nursing and Midwifery Eleyele, Ibadan.
- Assisted in the delivery of a baby.

February 2024- March 2024 Jericho Specialist Hospital, Jericho Ibadan.

- Student Nurse of College of Nursing and Midwifery Eleyele, Ibadan.

2021-2023 Oni and Son Memorial Children Hospital, Ibadan.

- Student Nurse of College of Nursing and Midwifery Eleyele, Ibadan.
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SERVICES RENDERED

- Wound Dressing
- Admission and Discharge
- Bed Making
- Monitoring of Vital Signs
- Serving of Medication
- Report Writing
- Management of Emergency Triage
- Holistic Nursing Care
- Suturing

SKILLS&ABILITIES:

- Excellent communication and listening skills.
- Public Speaking
- Leadership Ability & Team Player
- Ability to work under pressure, to work with little or no supervision
- Dexterity in carrying out basic clinical procedures

EDUCATION / QUALIFICATION

- (RN) Oyo State College of Nursing and Midwifery, Eleyele Ibadan. 2021 - 2024
- (SSCE) Basorun Ojoo High School, Ashi, Ibadan. 2014 - 2019
- (School Leaving Certificate) Beloved Nursery and Primary School. 2006 - 2014

HOBBIES:

- **Volunteering:** Regular volunteer at Manna Hospital, Akobo Ibadan, providing health screenings and educational workshops.
- **Cooking and Nutrition:** Enjoy experimenting with healthy recipes and learning about nutritional science to educate patients on healthy eating habits.
- **Traveling:** Passionate about exploring new cultures and places, which has enhanced my adaptability, cultural competence, and communication skills.
- **Music:** This hobby has cultivated my discipline, creativity, and teamwork skills, and serves as a valuable tool for stress management. It enhances my ability to stay calm and focused in high-pressure situations.
- **Meditation and Mindfulness:** Practices like meditation and mindfulness reflect an ability to manage stress and maintain mental health, crucial traits for a nurse.

REFEREES:

Available on request